

Transformational Speaker, Author and Life Coach

Leah Carey

Exploring what's **RIGHT** at work...
And learning to **HANDLE** what's wrong!



SPEAKING TOPIC:

Turn Today's Stinky Pile Of Poo Into Tomorrow's Flowers

(keynote, two-hour, or four-hour workshop)

As seen & heard on:

- John Tesh's *Intelligence For Your Life* Network
- New Hampshire Public Television
- New Hampshire Public Radio
- ABC, CBS local affiliates
- *Inspire Me Today* luminary
- Head Drama / The Daily Buzz
- *Rural Roads*, journal of the National Rural Health Association
- *Journal of Cancer Education*, journal of the American and European Associations of Cancer Education
- Hay House Radio, RadioMD, Voice America, and more!

Links for these and more can be found at www.TheMiracleJournal.com/press-kit

LEAH CAREY is the founder of *The Miracle Journal*, a blog and online community for finding the good in every day. Far from being born a **natural optimist**, Leah spent over two decades struggling with **chronic depression**. She now shares her journey in workshops and presentations as an example of how to take difficult experiences in our lives and use them to our benefit. She provides easy and actionable tips that audience members can start using TODAY to reduce **stress**, increase **resilience** and **effectiveness**, and embrace **fulfillment** at work and at home. Leah is currently working on her second book, *The Stinky Pile Of Poo: Learning to love life's challenges*.

What people are saying...

Attendees

"I love how you relate to the audience and how you get us to do exercises so **we experience** what you are telling us."

"Your allusion to a compost, which turns waste into something usable, is **so relevant**."

"I was always jealous of people who said that getting cancer helped them to appreciate things more ... But if it hadn't been for cancer, I would not have been eligible to take the workshop and I would have missed out on one of the **most outstanding experiences** of my life!"

Experts

"There is nothing trivial here ... it can help you with any challenge of great significance."

—C. Everett Koop, MD, ScD
Former U.S. Surgeon General

"Leah Carey is a bright light in the field of self-empowerment."

—Iyanla Vanzant
Bestselling author and television star

"Leah Carey is a very talented visionary."

—Jodi Picoult
Bestselling novelist

To book Leah for your next conference or event:
Email: Leah@LeahCarey.com Phone: (802) 441-3021
www.LeahCarey.com